## WAG - 2018/2019 Calendar - Optional Program

Training Break
Holiday No Training
Regular Training Schedule
Competition
Testing
Special Event
Mock Meet

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Events and Facility Schedule - Optional Program									
First Qualifier	December 14th-16th 2018	Pickering Ontario							
OGC Holiday Party	December 21st 2018	5:30 - 8:00 pm Friday evening training moved to 12:00-5:00 pm							
Holiday Training Break	December 23rd-24th 2018	No Training - All Groups							
Holiday Training Schedule	December 27th-31st 2018	Training Times TBC							
Holiday Training Ends	Wednesday January 2nd 2019	Regular Training Times Resume							
Physical Abilities Testing #2	Sunday January 13th 2019	12:00-4:00 (Groups A/B/C/D/E/H)							
Nutrition Seminar (Option #1)	Saturday January 19th	10:30 am - 12:30 pm (Hintonburg Community Centre)							
Nutrition Seminar (Option #1)	Sunday January 20th	1:30 - 3:30 pm (Hintonburg Community Centre)							
Mock Meet for Second Qualifier	Sunday January 27th 2019	12:00pm - 4:00pm							
Second Qualifier	February 7th-10th 2019	Oshawa Ontario							
Family Day Weekend	Sunday February 17th 2019	No Training - All Groups							
Family Day	Monday February 18th	Training 3:30-8:30 pm for Melanie's Group Amanda's Group							
Third Qualifier	March 1st-3rd 2019	Ottawa Ontario							
Gymnix 2019 - Optional Competition	March 7th-10th 2019	Montreal Quebec							
Mock Meet for Provincials	Sunday March 24th 2019	12:00pm - 4:00pm							
Level 7-10 Provincial Championships	April 5th-7th 2019	Amherstville Ontario							
Level 6 Provincial Championships	April 13th-14th 2019	Dorchester Ontario							
Easter Weekend Training Break	April 19th-22nd 2019	No Training - All Groups							
Eastern Canadian Championships (for qualified athletes Levels 7-10)	May 10th-12th 2019	Prince Edward Island							
May Long Weekend	Sunday May 19th 2019	No Training - All Groups							
Canadian Championships	May 21st-26th 2019	Ottawa Ontario							
Physical Abilities Testing #3	Sunday June 16th 2019	12:00-4:00 (Groups A/B/C/D/E/H)							
Season End	Friday June 28th 2019	All Programs							

Nov-18								Dec-18				
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